

# Nampa Christian Middle School



## Track & Field 2023



<b><i>Date</i></b>	<b><i>Location</i></b>	<b><i>Schedule</i></b>
Wed. April 5	Melba	-Field Events & 1600m start at 4:15pm -Running Events start at 4:30pm
Thurs. April 13	New Plymouth	-Field Events & 1600m start at 4:15pm -Running Events start at 4:30pm
Wed. April 19	Nampa Christian	-Field Events & 1600m start at 3:30pm -Running Events start at 3:45pm
Thurs. April 27	New Plymouth	-Field Events & 1600m start at 4:15pm -Running Events start at 4:30pm
Wed. May 3	Vale (WIC Championship)	-Field Events start at 1:00pm -Running Events & 1600M start at 2:00pm

Head Coach: Danielle Dwello

Assistant Coaches: Julie Howerzyl & Shelby Meek