



Nampa Christian Middle School
11920 West Flamingo Avenue
Nampa, Idaho 83651
208-466-8451 Fax 208-475-1741

2023 High School Cross-Country Schedule

Day & Date	Location	Time
Friday – August 25	New Plymouth Invite, NPMS	TBA
Thursday - August 31	Caldwell Twilight, Caldwell HS	5:25
Friday - September 8	Tiger/Grizz Invite, ID Falls	11:00
Saturday - September 16	Nampa City Meet, West Park	TBA
Saturday - September 23	Bob Firman Invite, Eagle Island	9:25 Fresh Boys 10:00 - Boys & 12:15 - Girls
Thursday - September 28	Gary Ward Invite, Lakeview Park	TBA
Saturday - October 7	Oxford Classic, Drake Park	12:20
Wednesday - October 11	Winston Tilzey, West Park	5:00
Wednesday - October 18	District Meet, Eagle Island	4:00
Saturday - October 28	STATE - Pocatello, ID	10:00

Coaches:

Head Coach – Zach Dwello

Assistant Coach - Eric Lacy