

# Nampa Christian High School

## Boys Top Performances



### 100 Meter Dash

<b>1 Ethan Brands</b>	<b>10.96a</b>	<b>2019</b>
David Olson	11.04	2000
<b>3 Jacob Englar</b>	<b>11.14a</b>	<b>2018</b>
Michael Siegersma	11.14	2008
BeJay Henrickson	11.14	1999
Doug Anders	11.14	1984
<b>7 Payton Lewis</b>	<b>11.16a</b>	<b>2013</b>
<b>8 Brandon May</b>	<b>11.24a</b>	<b>2011</b>
Tyler Rogers	11.24a	2011
Jeff Paris	11.24	1995
Tim Anders	11.24	1978

### 200 Meter Dash

<b>1 Ethan Brands</b>	<b>21.81a</b>	<b>2019</b>
2 Jacob Englar	22.44	2018
3 Austin Holton	22.50a	2011
4 David Olson	22.64	2000
Brandon May	22.67a	2011
6 Tyler Rogers	22.67a	2011
Michael Siegersma	22.74	2008
Doug Anders	22.74	1984
9 Floyd Kinzler	22.74	1960
10 Adam Gremling	22.84	2002

### 400 Meter Dash

<b>1 Ethan Brands</b>	<b>49.56a</b>	<b>2019</b>
2 Matt Ward	49.97a	2003
3 Tyler Rogers	50.14	2011
4 Matt Beck	50.28a	1994
<b>5 Jeffrey Stewart</b>	<b>50.51a</b>	<b>2019</b>
<b>6 Jady Berry</b>	<b>50.57a</b>	<b>2019</b>
7 BeJay Henrickson	50.86a	2001
8 Jeff Paris	51.24	1995
Monte Anders	51.24	1974
Chad Neeley	51.24	1973

### 800 Meter Run

1 Matt Ward	1:56.09a	2003
<b>2 Jeffrey Stewart</b>	<b>1:57.55a</b>	<b>2019</b>
3 Russ McCrea	1:58.4	1997
4 Monte Anders	2:00.5	1973
<b>5 Peyton Brothers</b>	<b>2:00.79a</b>	<b>2016</b>
6 Kevin Tucker	2:01.4	1972
7 Andrew VanderWoude	2:01.66a	2007
8 Randy Ware	2:02.1	1974
9 Matt Campbell	2:02.2	1982
10 Josh Hellwege	2:02.3	1991
Vanni Tilzey	2:02.3	1987

### 1600 Meter Run

1 Russ McCrea	4:25.9	1996
2 Vanni Tilzey	4:27.9	1987
3 Randy Ware	4:28.4	1974
4 Peyton Brothers	4:31.79a	2016
5 Jason Towery	4:35.32a	2008
6 Gary Tuttle	4:34.0	1975
7 Dave Long	4:36.5	1969
8 Earl Tuttle	4:41.7	1977
9 Duane O'Very	4:41.9	1981
10 Jeb Anderson	4:43.71a	2003

### 3200 Meter Run

1 Vanni Tilzey	9:40.9	1987
2 Russ McCrea	9:42.6	1997
3 Bill Ward	10:04.1	1969
4 Jason Towery	10:05.31a	2008
5 Duane O'Very	10:07.7	1981
6 Walt Tracy	10:07.9	1975
7 Gary Tuttle	10:11.5	1975
8 Peyton Brothers	10:11.54a	2016
9 Jeb Anderson	10:13.22a	2003
10 Kevin Lambert	10:15.72a	2003

### 110 Meter Hurdles

1 Payton Lewis	14.76a	2013
2 Matt Howerzyl	14.85a	1993
3 Jimmy Boeder	15.04	2004
Matt Richardson	15.04	2001
5 Matt Arendse	15.14	2008
6 Joshua de Jong	15.19a	2017
Henry Fillmore	15.36a	2016
8 Cheyne Koltes	15.36a	2010
9 Greg Forrest	15.44	2006
10 Ken Smith	16.04	1983

### 300 Meter Hurdles

1 Jimmy Boeder	38.74	2004
2 Matt Howerzyl	39.17a	1993
3 Joshua de Jong	39.41a	2017
4 Reed Jeppe	39.85a	2014
5 Greg Turner	39.97a	1988
6 Cheyne Koltes	40.19a	2010
7 Matt Arendse	40.74	2008
8 Jacob Englar	40.79a	2018
9 Anthony Boyd	41.00a	1995
10 Matt Richardson	41.44	2003

### 4 X 100 Meter Relay

<b>1 J Irwin - Z Evenhouse - D Howerzyl - E Brands</b>	<b>43.93a</b>	<b>2019</b>
2 J Campbell - T Vucinich - A Holton - P Lewis	44.13a	2012
J Campbell - A Holton - C Shannon - B May	44.13a	2011
4 L Brands - R Jeppe - T Taylor - D Kim	44.45a	2014
5 A Fricke - A Holton - D Shannon - B May	44.48a	2010
6 A Fricke - Ja Nederend - M Arendse - M Siegersma	44.50a	2008
7 A Connelly - J Myers - J Slack - H Nederend	44.60a	2005
8 A Silva - R Jeppe - D Kim - P Lewis	44.80a	2013
9 I Cass - J Irwin - D Howerzyl - R Schober	44.84a	2018
10 A Connelly - J Myers - J Slack - J Nederend	44.84	2006
T Palmer - B Stockton - S Little - J Lindholm	44.84	1981

4 X 200 Meter Relay

1 D Olson - D Thornfeldt - R Lee - B Henrickson	1:30.71a	2000
2 M Siegersma - M Arendse - J Bollinger - T Hickey	1:32.25a	2007
3 B Stockton - D Johnson - S Little - J Lindholm	1:32.4	1982
4 A Tolman - D Young - G Bower - C Neeley	1:32.6	1973
5 A Gremling - M Richardson - N Lee - M Ward	1:32.88a	2002
6 A Connelly - G Buckendorf J Slack - T Hickey	1:33.04a	2006
7 A Tolman - C Trumble D Young - L Elmore	1:33.1	1972
8 D Orcutt - A Boyd - M Beck - J Paris	1:33.3	1994
9 T Palmer - B Stockton - J Lindholm - B Nava	1:33.4	1981
10 S Bollig - A Holton - C Shannon - B May	1:33.47a	2011

4 X 400 Meter Relay

<b>1 J Irwin - E Brands - J Berry - J Stewart</b>	<b>3:24.56a</b>	<b>2019</b>
2 A Gremling - J Boeder - N Lee - M Ward	3:28.58a	2002
3 G Bower - M Anders - M Hazen - C Neeley	3:30.2	1973
4 J Bollinger - A VanderWoude - G Buckendorf - T Hickey	3:30.62a	2006
5 N Preuss - J Bollinger - A VanderWoude - T Hickey	3:31.17a	2007
6 D Shannon - C Koltes - D Unruh - T Rogers	3:31.23a	2009
7 D Orcutt - J Paris - A Boyd - M Beck	3:31.3	1994
8 B Touchstone - T Hickey - Mi Ward - J Boeder	3:31.56a	2004
9 M Beck - H VanderStelt - A Mincer - M Howerzyl	3:31.7	1993
10 C Shannon - A Holton - J Campbell - T Rogers	3:31.71a	2011

Medley Relay

<b>1 J Irwin - T Robertson - J Berry - J Stewart</b>	<b>3:35.82a</b>	<b>2019</b>
2 A Gremling - M Richardson - N Lee - M Ward	3:36.06a	2002
3 S Phiriyakulkit - A Anderson - B Rainey - P Brothers M Anders - G Bower - H Frankamp - R Ware	3:41.87a	2016
5 D Shannon - B May - D Unruh - T Rogers	3:42.1	1974
6 A Connelly - J Slack - G Buckendorf - A VanderWoude	3:42.34a	2009
7 G Bower - D Young - A Tolman - M Anders	3:43.0	2006
8 P Hamilton - J Bollinger - N Preuss - J Towery	3:43.0	1973
9 R Schober - J Irwin - J Berry - J Stewart	3:43.61a	2007
10 M Arendse - D Shannon - J Weatherford - J Towery	3:44.09a	2018
	3:44.12a	2008

\* 2A State Record

High Jump

1 Tim Anders	6-7	1977
2 James Nederend	6-6	2009
3 Drew Howerzyl	6-4	2018
Tim Beck	6-4	2001
5 Fred Nitz	6-2	1980
6 Ken Smith	6-1	1983
7 Reggie Edwards	6-0	1997
Matt Campbell	6-0	1981
Art Tolman	6-0	1973
10 Scott Little	5-10 1/2	1981

Long Jump

1 Tim Anders	21-9	1977
2 Scott Little	21-7	1981
3 Drew Howerzyl	21-5	2018
4 Brandon Grant	21-2 3/4	1997
Ryan Lee	21-0 1/2	2000
6 Jeff Myers	21-0 1/2	2005
7 Michael Siegersma	20-10	2008
8 Mike Riggs	20-9 1/2	1989
9 James Nederend	20-7 1/2	2009
10 Matt Schaefer	20-5 1/2	1998

Triple Jump

1 Drew Howerzyl	44-6 3/4	2018
2 James Nederend	44-6 1/2	2009
3 Gary Bower	42-5 1/2	1974
4 Brandon Grant	41-10 3/4	1997
5 Bradan Brothers	41-3 1/2	2013
6 Doug Anders	40-8	1984
7 Sam Everhart	40-8	1974
8 Matt Vaartstra	40-3 1/2	2005
9 Brody Ferguson	40-2	2017
10 Jay Lindholm	40-0 3/4	1980

Pole Vault

1 Payton Lewis	16-1 3/4	2013
2 Jacob Englar	15-0	2018
3 Philip Hamilton	14-0	2007
4 Luke Brown	13-6	2017
Joshua de Jong	13-6	2017
Tommy Taylor	13-6	2014
7 Justin Blackstead	12-5 1/2	2005
8 Chad Neeley	12-3	1973
9 Marcus Waterman (4 tied)	12-0	2016

Shot Put

1 Jared Lord	47-3 1/2	1992
2 Orrin Burger	47-0	2009
3 Braxton Bujak	46-8 1/2	2018
4 Yance Burger	46-0	2009
5 Bryon Starnier	45-5 1/2	1997
6 Ryan Richardson	44-1	2001
7 Joel Campbell	43-11 1/4	1968
8 Matt Riste	43-11	1995
9 Joey Hendershott	42-11 3/4	2011
10 Zach Raptosh	42-9 1/2	1999

Discus

1 Orrin Burger	152-2	2009
2 Braxton Bujak	145-10	2018
3 Payton Lewis	144-2	2013
4 Yance Burger	143-7	2009
5 Levi Lewellyn	133-11	1999
6 Travis Roberts	132-1 1/2	1988
7 Bryce May	129-5	2007
8 Garrett Raymond	127-7	2002
9 Paul King	125-5 1/2	2003